Introduction

Bone quality and quantity is a mandatory condition to obtain fixture primary stability and to consent biomechanical remodeling following occlusal loading.

Modern implantology underestresses the importance to use residual bone volume as well as prosthodontic guided fixture insertion. The aim is to obtain a successful fixture position to reach function, aesthetic and long lasting rehabilitation (1).

Short implants represent a predictable procedure in atrophic mandible; otherwise, this doesn’t guarantee the same results in posterior atrophic maxilla, where the poor bone quality (Brånemark class D3/D4) suggests to have a wider contact surface, by wide implants. Edentulism can hesitate in different type of bone resorption:

– horizontal discrepancy with crestal wideness reduction; in upper maxilla, together with centripetal atrophy, leads to insertion of angulated implants. Prosthodontically, this reduces the chance to get a correct emergency profile (1, 2);
– **vertical atrophy**: height of crestal bone left and intermaxillary discrepancy impairs fixtures insertion to avoid prosthetic manufacture with unfavorable crown/fixture ratio with aesthetical defect and difficult daily maintenance.

Many preprosthetic reconstruction techniques to increase bone volume have been developed: horizontal, vertical or a combination of both (1). If fixed implant restoration is requested in patients with severe maxillary atrophy, our School chooses calvarial autologous graft as preferred treatment choice.

### Patients and methods

Different complications and unpredictable results are main problems in bone reconstructions (3). Cawood and Howell class V and VI defects need autologous bone grafts, site donor being intraoral, if the quantity of bone is reasonable small, or extra-oral, in the other cases. Usually, iliac crest graft is the most common, nevertheless different grade of early grafts resorption are described as well as donor site problems (pain, function impairment) (5).

Alternatively, Paul Tessier first described the calvarial grafts, with two different techniques, bicortical (*splitting on table calvarial graft*), monocortical (*splitting in situ calvarial graft*). Last one to be preferred in order to reduce intraoperative or postoperative complications. Monocortical calvarial grafts represent a predictable and easy technique due to intrinsic bone property (8).

Donor site is limited anteriorly to the coronoid suture, 2 cm from the medial line to avoid sagittal sinus, laterally to temporalis fascia; theoretically no limit is described posteriorly, usually lambdoidea suture is the border (9).

Osteotomy lines can be made by a rotating bur or by a piezoelectric terminal tool reducing dura mater lesion (10). The size of the grafts depends on the extension of the atrophic area to regenerate.

A drainage can be placed if a large amount of calvarial graft is requested and a compressive dressing is placed afterwards, for a couple of days. A wide range antibiotherapy can be prescribed; prophylactic desametasone is administered prior to surgery to reduce postoperative edema (9).

### Case report

A well being 50 yrs no smoking woman, presented with diffuse chronic periodontalitis and partial edentulism (Figs. 1 a, b, c; 2 a, b, c).

A wax up model was taken and the final program consisted in preservation of natural teeth from 13 to 23; all remaining elements, included 47, were dismissed two months before the bony reconstruction to consent entire soft tissue to recovery; contextually a temporary reinforced metallic prosthesis was placed.

The surgical regenerative procedures expected in:

- bilateral sinus lifts;
- correction of vertical discrepancy by alveolo-plastic procedure and occlusal onlay, in the left maxilla;
- left mandibular onlay graft by tunnel technique (to correct a Cawood Class IV atrophy, not susceptible of horizontal expansion).

Bilateral sinus lift with lateral approach was performed as originally described by Boyne. The bony window was reflected in the sinus and raised superiorly together with Schneider membrane (Figs. 3 a, b). After measuring height and depth of sinus cavity, adequate quantity of calvarial grafts sticks and bone chips were obtained (Figs. 4 a, b; 5 a, b, c, d; 6 a).

Two slots were performed in the nasal and zygomatic pillars by maxillary vestibular wall to support and stabilize the new sinus floor (Fig. 6 b). By piezoelectric tool a small osteotomy on the side nasal wall was performed to give further stability to Schneider membrane. The graft itself, positioned with the upper cortical surface, gives an adequate support to the membrane (11).
Figure 1 a, b, c
a. Preoperative clinical view. b. Preoperative X rays. c. CT scan.

Figure 2 a, b, c
CT scan showing the huge atrophy.

Figure 3 a, b
Flap elevation, lateral antrostomy and bony window reflection.
Figure 4

Figure 5 a, b, c, d
Figure 6 a, b
a. Bone chips magnification. b. Sinus lift performed with modified Toulasne technique.

Figure 7 a, b
a. 4 months x ray control: evidence of bilateral sinus lift and good shape of bone blocks. b. Absence of surgical scars and alopecia.

Figure 8 a, b
a. Ridge crest aspect at the time of second surgery. b. Mandibular ridge aspect after bone reconstruction with tunnel technique (see the vertical scar near 3.4 element).
Figure 9 a, b, c
a. Flap elevation; we use the same surgical guide through all surgical procedures.
b. Implant platform emergencies.
c. Future implant position after drilling.

Figure 10 a, b, c
a. Implant placement.
b. Healing caps are placed at the same time.
c. Clinical aspect after suture.
Figure 11 a, b, c
a. Flap elevation; we use the same surgical guide trough all surgical procedures. b. Implant platform emergencies. c. Future implant position after drilling.

Figure 12 a, b, c
a. Fixture insertion procedure, element 2.4. b. At the end of surgical procedure. c. Healing cap for a single phase surgery.
new bony box created was replenished with bone chips, that provides better angiogenesis than block insert (12, 13).
The new bony recovery happens with a struggle between osteogenesis and fibrosis. The more you increase the space between the surface, the more you can have fibrous tissue in between. Lag screw fixation among opposite bony surfaces gives a quicker recovery, reducing neo-osteogenesis needs (14-16) (Figs. 8 a, b).
Winsix implants (by BIOSAF), with SLA surface, were placed after 4 months, by two-stage procedure (17) (Figs. 9 a, b, c; 10 a, b, c; 11 a, b, c; 12 a, b, c).
The surgical mask, previously manufactured, is the same used during the reconstruction phase. After 3 months, healing caps are placed and the patient is ready to finalize the work.
In the first outpatient appointment with the prosthodontist, preparation of abutments and insertion of temporary crowns is performed. The crowns are obtained by transfer of fixtures position on a master model (Figs. 13 a, b, c, d).
A silicone mask, derived by wax up, consented an individual milling of abutments, outside the patient mouth (Figs. 14 a, b, c, d, e). Remodelled fixtures abutments were experienced in the oral cavity, with particular regards to inter-abutments distance and intermaxillary discrepancy. A new precision impression on natural teeth was taken to transfer tridimensional position, by precision copings. Metallic structure of both natural and implanted elements were optimized and experienced in the oral cavity, with a new positioning taken to realize crude ceramic manufacture. A second test was performed with special regards to function congruity and aesthetic.
Because of the presence of natural elements to the canine level, after blockage and static control, a lateral canine guide was realized, as prescribed in implant-supported prosthesis protocols. Once the manufacture is finished, it is positioned previous fixation with intermediate cement (Figs. 15 a, b; 16 a, b, c).

Conclusions

Prosthodontic fixed rehabilitation of severe maxillary atrophy can be obtained previous bone volume reconstruction: autologous graft is still considered the “gold standard” (2).
Among different extra oral withdrawal sites, our experience suggests that calvarial monocortical grafts (*splitting in situ calvarial graft*) provide best middle and long lasting results. Cellular and structural features of the graft and the large available quantity of bone makes autologous membranous bone grafts, positioned with lag screw technique, the overall best solution to tridimensional maxillary reconstruction. Well vascularized site and primary soft tissue closure is mandatory (14, 18, 19).

Prosthetic protocol for the final manufacture must be meticulous. Particular attention must be given to precision, emergence profile, statical and dynamical occlusal loading distribution.

An accurate treatment planning is mandatory;
successful rehabilitation depends on the ability of the surgeon, prosthodontist and dental technician to work together always keeping in mind what the final result should be.

References

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